Shopping · Food · Important Addresses

Casa Laetitia · Our recommendations for Pieve di Teco and the surrounding area

CASA LAETITIA · GUEST INFORMATION

Around Casa Laetitia you will find everything you need for a pleasant stay: small shops and bakeries in the historic centre, good restaurants, pharmacy and medical services, plus larger supermarkets for the main weekly shop.

OUR RECOMMENDATIONS IN PIEVE DI TECO

★ I Sapori del Corso

Corso Mario Ponzoni 107 · +39 349 871 7937

Our first choice for regional specialities: cheese, cured meats, wine and other local products. There are also light dishes and aperitivo under the historic portici. A lovely place to buy a little piece of Liguria to take home.

Tue–Sun generally 08:00–13:00 and 16:00–19:30 · Mon closed

★ Panetteria Odetto

Via de Filippi 1 · +39 0183 36345

Our recommendation for bread and focaccia, with traditional Ligurian pastries and sweets as well. Best visited earlier in the day; it is a classic local bakery for everyday shopping.

Mon/Tue/Thu–Sun 07:00–13:00 and 16:00–19:00 · Wed closed

★ Panificio Ferrari

Via S. Tenente Luigi Eula 34 · +39 0183 36271

Traditional bakery with very early opening hours – useful if you need bread or pastries early in the morning.

Tue–Sun 05:30–13:00 and 15:30–19:00 · Mon closed

Silvini Emiliano · Alimentari

Corso Mario Ponzoni 108 · +39 0183 321901

Small traditional grocery for everyday essentials. Handy when you need something quickly without driving to a larger supermarket.

Please check current opening hours locally

RESTAURANTS · PIZZA · APERITIVO

★ Il Gatto e La Volpe

Corso Mario Ponzoni 89 · +39 0183 36192

Our first recommendation for traditional Ligurian cuisine. Fresh pasta, pesto, fish and local wines. A good choice for a classic restaurant evening; booking is advisable.

Lunch and dinner six days a week · Wed closed

www.ristoranteilgattoelavolpe.org

★ La Forchetta Golosa

Via Sottotenente Luigi Eula 35 · +39 0183 321891

Our recommendation for pizza and a relaxed evening. Wood-fired pizza, farinata, panfritto, grilled meat and homemade desserts. Large car park.

Tue closed · otherwise from around 18:00/18:45

Roba da Matti

Corso Mario Ponzoni 49 · +39 338 912 9426

Under the historic portici in the centre. Italian food, pizza and fish, plus breakfast, lunch and dinner. A good informal all-round choice – also dog friendly.

Mon closed · Tue–Sun about 07:00–22:30, Sat until 23:00

★ Bar Cavour

Piazza Cavour 15 · +39 0183 36188

Ideal for coffee, breakfast, focaccia or an aperitivo on the piazza. One of our favourite simple stops in the centre.

Mon–Wed/Fri–Sun 07:00–20:00 · Thu closed

LOCAL PRODUCTS · SPECIAL TIP

★ Tenuta Maffone Fraz. Acquetico, Via Case Soprane 11 · +39 347 1245271 / +39 339 6582592	Directly in Acquetico. Wine, grappa, extra-virgin olive oil, olives and other own products. Tastings are possible at the estate; please contact them in advance for a visit or tasting.	Shop: Piazza Cavour 1, Pieve di Teco · Thu–Sun 10:00–12:30 and 15:00–19:00 www.tenutamaffone.it

Practical information for your stay

Health, small shopping, larger supermarkets and important contacts

HEALTH · PHARMACY · VETERINARIAN

★ Farmacia Ceppi

Corso Mario Ponzoni 70 · +39 0183 36209

The main pharmacy in Pieve di Teco and a particularly useful address for guests.

Daily 08:30–12:30 and 15:30–19:30

Casa della Comunità · ASL1

Piazza Borelli · former Caserma Manfredi

Local medical centre with primary-care and outpatient services, blood sampling and other healthcare services. For planned matters, check the relevant service in advance.

Please verify current service times with ASL1 · information: +39 0183 537 701 / 711

Guardia Medica

800 554 400

Out-of-hours medical service for urgent but non-life-threatening problems.

Weekdays 20:00–08:00 · weekends/pre-holidays until Monday 08:00

Veterinarian · Dr Massimo Sommariva

Corso Mazzini 36 · +39 0183 36113

Local contact for pets – particularly useful because Casa Laetitia welcomes dogs.

SMALL SHOPPING · PONTI / PORNASSIO

★ Minimarket di Alessia Martino Via Provinciale 43, Pornassio · +39 0183 33132	Convenient small supermarket for a quick shop, with fresh fruit and vegetables and everyday essentials.	Mon–Wed 08:00–12:30 / 16:00–19:00 · Thu 08:00–12:30 · Fri/Sat 08:00–12:30 / 16:00–19:00 · Sun 08:00–12:00

LARGE SHOPPING · TOWARDS IMPERIA / ALBENGA

★ Bennet Pontedassio

Via Nazionale 1, Pontedassio · +39 0183 779030

Our clear recommendation for the main weekly shop on the way towards Imperia. Large range and long opening hours.

Mon 08:30–20:00 · Tue–Sat 08:30–20:30 · Sun 08:30–20:00

Ipercoop Albenga

Piazza Caduti di Nassiriya 2/A · +39 0182 597411

Large supermarket in the Le Serre shopping centre – useful when you are travelling to Albenga anyway.

Daily 08:00–21:00

Esselunga Albenga

Regione Cime di Leca 24 · +39 0182 638400

Very broad range with fresh-food counters, bakery, fish and non-food. A good alternative to Bennet when heading to Albenga.

Mon–Sat 07:30–21:00 · Sun 08:00–20:00

www.esselunga.it

Lidl Albenga

Regione Bagnoli 75, Albenga · 800 480 048

A good choice for a budget-conscious larger shop. Fruit and vegetables, bakery, chilled goods, household and pet supplies.

Daily 08:00·21:00

PRACTICAL · POST · EMERGENCIES

Poste Italiane Piazza G. Brunengo 2 · +39 0183 36143 Post office and basic services in the centre. For special services or current counter hours, please check directly.	IP petrol station Via Mazzini 46, Pieve di Teco Convenient petrol station in town.	Emergency 112 European emergency number for ambulance, fire brigade and police. When calling, give the Casa Laetitia address: Via Costa 0 / SNC, 18026 Pieve di Teco · Acquetico.

Note on the information The information has been carefully researched and is partly based on personal experience and recommendations. Opening hours, contact details, services and other information may change at any time, especially seasonally. No guarantee can therefore be given for accuracy, completeness or currency. If needed, please check the current information directly with the provider.