# Sightseeing & Day Trips

Around Casa Laetitia · Valle Arroscia · Ligurian Alps · Coast

## Our recommendations · villages, nature & special trips

From Casa Laetitia you can combine small mountain villages, historic paths, forests and the Ligurian coast. We have deliberately selected only places we would genuinely recommend – from a walk right outside the house to a special full-day trip.

## Mountain villages & culture

### ★ Acquetico – our home

The small mountain village at around 400 m belongs to Pieve di Teco. Highlights include San Giacomo Maggiore, the old medieval church, San Rocco and San Lorenzo. The old paths, olive groves and views towards Monte Frontè and the surrounding mountains are especially lovely. The village is also a natural starting point for walks through the Valle Arroscia. For a first stroll, the area around the church and the old lanes is especially pleasant.

**Right on our doorstep**

### ★ Pieve di Teco

Historic porticoes, San Giovanni Battista, Teatro Salvini, Torre dell'Orologio and Museo delle Maschere di Ubaga. Since 2026 Pieve belongs to "I Borghi più belli d'Italia". Ideal for a stroll, coffee, shopping or an aperitivo. The arcades make the town pleasant even in less settled weather. A morning visit can easily be combined with shopping, the local market or one of the small cafés and restaurants.

**Our tip for culture & strolling**

### ★ Vessalico

A small mountain village among olive groves. See Santa Maria Maddalena; Vessalico is also known for its Aglio di Vessalico garlic. Especially nice as part of a drive through the valley. Its position on the Arroscia makes it a lovely stop on a valley drive or cycling tour. Around the village there are also old paths through olive groves and small side valleys.

**Village · culture · local speciality**

### ★ Rezzo & Valle della Giara

Historic stone bridges, streams, small waterfalls and great beech woodland make the Giara a particularly attractive nature trip. The Ponte Napoleonico is a highlight, and shorter family-friendly walks are possible. The landscape is particularly attractive in spring and autumn, when the streams carry more water. Individual bridges and stream sections can also be visited as short walks.

**Also ideal for a gentler outing**

## Nature & day trips

### ★ Mendatica & Cascate dell'Arroscia

Mountain village and starting point for the impressive waterfalls. The route passes through woodland and old alpine paths. The park currently warns of a closure due to safety works. The area is especially attractive where woodland, water and mountain scenery come together. When the route is open, the waterfall walk makes a memorable nature outing.

⚠ **Check current trail conditions**

### ★ Imperia · Porto Maurizio

For a day by the sea: historic Parasio, down to Borgo Foce and along the Passeggiata degli Innamorati to Borgo Marina. Perfect with the beach, lunch, ice cream or an aperitivo. The combination of historic hillside streets, the promenade and the sea makes Porto Maurizio very varied. The visit works well with swimming, lunch or an evening restaurant stop.

**Culture · sea · restaurants**

### Monte Armetta

The 1,739 m summit offers, in good visibility, views from the Ligurian Alps to the sea. The recommended route starts at Colle di Caprauna. A good choice for a full mountain day. The summit is much higher than Casa Laetitia, so conditions can be very different and change quickly. On a clear day, however, it is one of the best ways to experience mountains and sea in one panorama.

**For experienced hikers**

### Triora

Famous mountain village with medieval lanes, dramatic scenery and the history of the witch trials. The drive is longer, so treat it as a special full-day trip and combine it with other stops. The narrow caruggi and the high mountain setting give the village its distinctive atmosphere. Allow some time for the old lanes, viewpoints and historical sites.

**Special day trip**

### A little tip · Collareto / Madonna di Collareto

Opposite Acquetico lies the small Madonna di Collareto. The path leads through the woods to a beautiful viewpoint over the upper and lower Arroscia valley. Ideal for a short outing without much planning – especially when you only want a gentle walk. On a clear day the view reaches far along the valley towards the higher peaks. It is therefore also a good late-afternoon outing when a longer hike is no longer practical.

# Hiking & Cycling

Our selected routes · from a gentle walk to a sporty mountain tour

## Hiking · experience nature

### Our hiking recommendations

#### ★ Pieve di Teco → Acquetico → Case Soprane

Historic Sentieri dei Clavesana along the Torrente Arroscia, through Acquetico to Case Soprane and back. The loop combines river scenery, old paths, mountain villages and fine views – and leads directly to our village. The route is particularly appealing because it connects Casa Laetitia directly with Pieve di Teco. Depending on your starting point and fitness, it can also be shortened.

**approx. 7.4 km · 245 m ascent · approx. 3 hrs · moderate**

#### ★ Pieve di Teco → Trovasta

A beautiful longer loop starting directly in Pieve, through woodland and mountain scenery to the small village of Trovasta. A good choice for guests who want a longer walk without a high-alpine summit. Trovasta is a small, quiet mountain village and gives a good impression of the landscape above the valley. The woodland is pleasant on warm days, but take enough water.

**approx. 11 km · 467 m ascent · approx. 4 hrs · moderate**

#### ★ Monte Armetta

From Colle di Caprauna on marked paths to the 1,739 m summit. In clear weather, views extend from the Ligurian Alps to the sea. Check weather and fitness requirements. It is short enough for a half-day, but the ascent still makes it a genuine mountain hike. In clear weather, the wide panorama is well worth the effort.

**approx. 7.8 km · 479 m ascent · approx. 3:20 hrs**

#### ★ Rezzo / La Giara

A shorter, relaxed option along historic bridges, streams and woodland paths. The Ponte Napoleonico is a pleasant highlight. The distance can vary with the chosen option. The combination of water, bridges and beech woodland makes this area a good alternative on hot days. Choose the exact loop locally according to trail condition and signage.

**Gentle nature outing · distance varies**

#### Cascate dell'Arroscia

Official route from Mendatica through woodland and old alpine paths to the roughly 20 m waterfall. The route is currently closed due to safety works. The waterfall is a rewarding destination after the climb.
Please use the route only after official reopening.

**approx. 5.7 km · 721 m ascent · approx. 2:15 hrs · ⚠ currently closed**

## Cycling · road, e-bike & MTB

#### ★ Pieve di Teco – Vessalico – Ponte di Santa Filomena

A moderate ride through the Valle Arroscia, mainly on asphalt. A good choice for touring bikes and e-bikes, with pleasant stops in Vessalico and the small villages along the valley. This is particularly well suited to an e-bike and links several typical villages of the upper Arroscia valley. The mainly paved route is technically simpler than the MTB options.

**approx. 42.5 km · 400 m ascent · moderate**

#### ★ Passo della Teglia – loop from Pieve

Sporty mountain ride via Rezzo and through the great beech forest. Particularly scenic, but with substantial climbing – better for experienced riders or an e-bike. The climbing is spread over a full mountain day. In return, the route passes through beautiful woodland and mountain scenery and gives a good impression of the higher Ligurian Alps.

**approx. 46 km · 1,200 m ascent · up to approx. 1,385 m**

#### Colle di Nava – Monte Ariolo

Short but climbing-intensive MTB loop. Besides fitness, technical riding skills are required, so it is not an easy beginner route. This is better suited to riders who are comfortable on uneven surfaces. For a normal touring bike it would therefore not be the first choice.

**approx. 13.4 km · 590 m ascent · moderate**

### Important for mountain activities

Mountain paths can change at short notice due to weather, rockfall, forestry work or closures. Please check current trail conditions before setting out. For higher elevations, sturdy footwear, enough water and a current hiking or cycling app are recommended.